



Empowering Students, Engaging Families

Research Study

You are invited to participate in a 9-month research study to examine the effects of an education focused transition program. If you agree to participate, your family will be randomly assigned to the FES treatment group or the control group. The treatment group will complete surveys and receive FES services. The control group will complete surveys and access traditional community-based services.

Home- & School-Based Educational Support

If you are randomly assigned to the Fostering Educational Success (FES) program group, you will be assigned a highly trained and dedicated Family Coach. This Family Coach will work with you, your family, your youth, and their school to create positive educational experiences and successful school outcomes. FES goals include improving youth and caregiver school connectedness, empowering youth academic engagement, and increasing overall family cohesion.

All research participants will also receive a stipend in the form of a gift card for the completion of three rounds of surveys; one at the beginning, one during, and one at the end of the study.



Your Family Coach Will

- ✔ Develop youth relational and social-emotional skills
- ✔ Improve family cohesion through video and workbook exercises
- ✔ Encourage academic engagement through the use of a daily self-monitoring tool
- ✔ Discuss and set school expectations and academic goals
- ✔ Create deeper connections with school professionals
- ✔ Monitor school attendance, grades, and behaviors and implement timely and necessary interventions
- ✔ Promote, identify, and monitor extracurricular activities or employment opportunities for the youth
- ✔ Support and empower your family in advocating for your youth's education

Family coaches will work with families for 9 months (approx. 3 hrs./week) in home and at school to offer this support.

Requirements for Participation

- ✔ English-speaking
- ✔ Live within 60 miles of Lincoln or Omaha
- ✔ Youth is enrolled in elementary through secondary school settings ages 7-19
- ✔ Youth has a history of foster care involvement
- ✔ Permanency objective is guardianship, independent living, adoption, or reunification that will occur within the immediate future
- ✔ Committed caregiver who is willing to participate in FES



To Make a Referral For Your Family

Visit kvcnebraska.org/fes or e-mail us at fesreferral@kvc.org.

Fostering Educational Success (FES) is a collaboration between researchers at the Oregon Research Institute, child welfare specialists at KVC Nebraska, and evaluators at the University of Nebraska Medical Center. The contents of FES were developed under a grant from the Department of Education (U411C190009). However, those contents do not necessarily represent the policy of the Department of Education, and you should not assume endorsement by the Federal Government.